

**PRE-OPERATIVE INSTRUCTIONS FOR PATIENTS WHO WILL BE RECEIVING ORAL OR
INTRAVENOUS SEDATION OR ANESTHESIA**

1. Nothing to eat or drink (including water) for 8 hours before the procedure.
2. The only exception to the above instruction applies if you take medications on a regular basis. Take your usual medications at (approximately) the regularly scheduled times at least two hours before the appointment, with a few sips of water (and water only).
3. Arrangements must be made to have a responsible adult take you home, by car or taxi (a taxi driver alone is not allowed to take you home). You may NOT go home by public transit.
4. Please wear something short-sleeved (eg, t-shirt). Do not wear facial makeup or nail polish.
5. Contact us prior to the appointment if has there been a change in your general health (egs, severe cold, fever, etc.)

INSTRUCTIONS FOLLOWING YOUR SEDATION/ANESTHESIA APPOINTMENT

1. You may be drowsy for the remainder of the day and should be relaxing at home in the care of a responsible adult until you are fully alert.
2. You must not drive a car or operate machinery for at least 18 hours, longer if drowsiness or dizziness persists.
3. Replenish your energy by having something to eat or drink as soon as possible.
4. Do not drink alcoholic beverages for a minimum of 18 hours after the procedure.
5. Do not sign any important or legal documents for 24 hours.
6. If there are any questions or concerns, contact the dental office. In case of an emergency, you should go to the nearest emergency room.